

THE NORWESTER

June 30, 2020

Last week, the National CJCR Support Group (Natl CJCR Sp Gp) announced the launch of three virtual CTCs for the summer. Registration for these activities opened on Monday, June 29 and will be filled on a first come, first served basis.

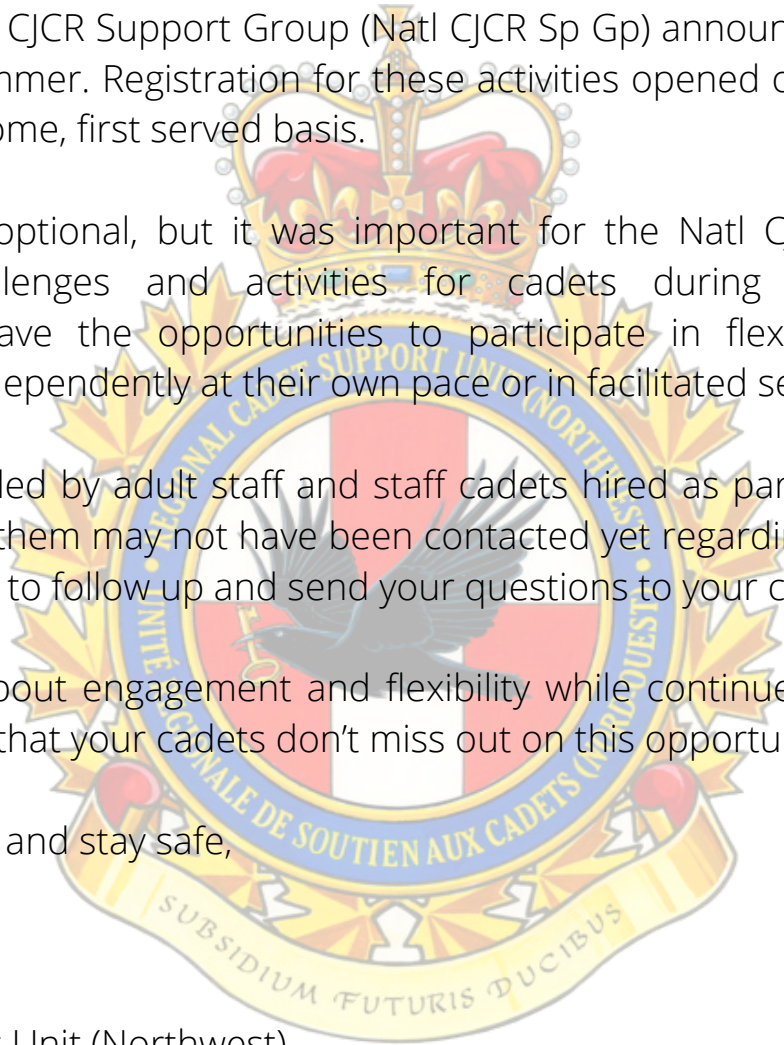
Again, this training is optional, but it was important for the Natl CJCR Sp Gp to keep on offering exciting challenges and activities for cadets during these unprecedented times. Cadets will have the opportunities to participate in flexible, voluntary training opportunities either independently at their own pace or in facilitated sessions.

These activities will be led by adult staff and staff cadets hired as part of the campaign plan. We know that some of them may not have been contacted yet regarding what they will do this summer but make sure to follow up and send your questions to your chain of command.

This summer will be about engagement and flexibility while continue to focus on the cadet experience. Make sure that your cadets don't miss out on this opportunity!

Keep up the good work and stay safe,

LCol Denis Letellier,
Commanding Officer
Regional Cadet Support Unit (Northwest)



J4

Logistik Unicorp points will not be allocated to corps and squadrons before August 1, 2020. The points for the air cadets FTUs will be allocated separately. More information will follow.



ARMY RUN

This year, the Army Run is happening virtually. You can [register online](#) to complete the distance of your choice (5K, 10K, 15K, 21K or 26.1K) and join the [COATS Fitness and Motivation Support Group](#) on Facebook to talk about your progress as you train throughout the summer. Use the hashtags #ArmyRun and #ArmyRunCOATS to share your progress on social media.

Did you complete your COVID Awareness training? Email your certificate to northwestpersonnel@forces.gc.ca

PUBLIC AFFAIRS

All external communications have to be approved at the regional level. That includes any interviews or written pieces sent to local media by the corps or squadron. For those of you who have sponsoring committees who do media relations for their corps or squadron, please remind them that those have to be approved before being sent to the media.

Feel free to communicate with the regional public affairs team at any time ([Capt Léonie Laflamme Savoie](#) or [Capt Morgan Arnott](#)) as we are here to support you in your efforts.

Every Tuesday, we are featuring cadets who are aging out for #TributeTuesday. If you have a cadet you would like to be featured, please send us a short paragraph about their time in cadets and where they are headed next year, along with a photo of them, to Capt Morgan Arnott or message them to Northwest Cadets on Facebook.



VIRTUAL CTC

In order for cadets to register for virtual CTC, they will need to send an email to VCTCRegistrationNorthwest@cadets.gc.ca and include the following information:

- Last Name
- First Name
- Corps / Squadron Number
- Corps / Squadron element
- Name of the activity you wish to register for (First, Second and Third choices)
- Dates of serial you wish to register for
- The language you would like the activity delivered in
- Phone number (will be used as a second-factor authentication for your online account)
- An email address that the cadet has access to
- Instrument selection for cadets registering for the music course

The cadets' email must be sent from their personal email address or an email that they can access. A parent email, that the cadet cannot access, should not be used.

Cadets will be contacted once they are loaded on an activity, and provided instructions on how to log in to the learning tools required to participate in the activity. To know more about the training, please see the [Course catalogue found on SharePoint](#).